



Maple River Raiders

High School Cross Country Schedule - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-Aug	7-Aug	8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
				Parent/Player Meeting @ Hope HS - 6pm		
13-Aug	14-Aug	15-Aug	16-Aug	17-Aug	18-Aug	19-Aug
PICTURE DAY!! --->	First Practice at Hope HS, NOT at the Golf Course! - 4pm	Practice at Hope HS - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Practice in TC - 4pm	
20-Aug	21-Aug	22-Aug	23-Aug	24-Aug	25-Aug	26-Aug
	Practice at Hope GC - 4pm	Practice at Hope HS - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Practice in TC - 4pm	Meet at Hillsboro - Goose River GC 10am
27-Aug	28-Aug	29-Aug	30-Aug	31-Aug	1-Sep	2-Sep
	Practice in TC - 4pm	Meet at Northwood GC - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Practice in TC - 4pm	
3-Sep	4-Sep	5-Sep	6-Sep	7-Sep	8-Sep	9-Sep
	Practice at Hope GC - 4pm	Meet at Carrington CrossRoads GC - 2pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Practice in TC - 4pm	
10-Sep	11-Sep	12-Sep	13-Sep	14-Sep	15-Sep	16-Sep
	Practice in TC - 4pm	Practice at Hope HS - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Meet at BlueStem Ampitheater - MSUM Twilight TBD	
17-Sep	18-Sep	19-Sep	20-Sep	21-Sep	22-Sep	23-Sep
	Practice at Hope GC - 4pm	Meet at Central Cass - Cottonwood GC 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Meet at Enderlin GC - 11am	
24-Sep	25-Sep	26-Sep	27-Sep	28-Sep	29-Sep	30-Sep
	Practice in TC - 4pm	Meet at Mayville GC - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Practice in TC - 4pm	
1-Oct	2-Oct	3-Oct	4-Oct	5-Oct	6-Oct	7-Oct
	Practice at Hope GC - 4pm	Practice at Hope HS - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Practice in TC - 4pm	Meet at Grand Rapids GC - 11am
8-Oct	9-Oct	10-Oct	11-Oct	12-Oct	13-Oct	14-Oct
	Practice at Hope GC - 4pm	Practice at Hope HS - 4pm	Practice in TC - 4pm	Meet at Cooperstown Bible Camp - 4pm	Practice at Hope GC - 4pm	
15-Oct	16-Oct	17-Oct	18-Oct	19-Oct	20-Oct	21-Oct
	Meet at Lisbon Bissel GC- 4:30pm	Practice at Hope HS - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	Practice at Hope GC - 4pm	East Regionals - TBD
22-Oct	23-Oct	24-Oct	25-Oct	26-Oct	27-Oct	28-Oct
	Practice in TC - 4pm	Practice at Hope HS - 4pm	Practice in TC - 4pm	Practice at Hope GC - 4pm	STATE at Jamestown - TBD	

Any changes of the schedule will be communicated through the Remind App. You may join by using the code - @mrrxc

Meet Day